

Information to support patient queries on inhaler device reviews

- Metered Dose Inhalers (MDIs) contain a gas (propellant) in the metal canister in your inhaler device, which helps to release the medicine into your lungs.



- The gas (propellant) that is in your current metered dose inhaler is a powerful greenhouse gas – these are gases that can cause a problem in our air and contribute to changes in the climate.
- Climate change increases air pollution and this can worsen lung conditions.
- The NHS is supporting the change to more ‘environmentally friendly’ inhalers where this is the right choice for you. Examples of these types of inhalers include ‘Dry powder inhalers (DPI)’ and ‘Soft mist inhalers (SMI)’
- Different inhalers/brands can ‘taste’ differently, but they will work in the same way.
- You can also ask your Community Pharmacist if you have any queries about your new inhaler, to make sure you are using correctly.
- Your GP, Nurse or Pharmacist may recommend that it is not right for you to change to one of the environmentally friendly inhalers, but it is very important to continue to use your inhaler as prescribed (or in your self-management plan), to keep your lungs healthy.
- Remember to return your empty or unwanted inhalers to your community pharmacy for environmentally safe disposal. Do not put them in the waste bin or your own recycling bin. Even when empty it still contains some of the gas (propellant).