

Resources to support sustainable inhaler reviews

Resource	Main contents	Link to access
Rate your Practice		
PrescQIPP	Key recommendations to reduce the carbon footprint of inhalers. Data on all inhalers carbon footprint. Shared resources from other PrescQIPP member organisations. Infographic on prescribing in your area, with a visual data pack.	Bulletin 295: Inhaler carbon footprint PrescQIPP C.I.C
Open Prescribing	Choose your practice or your PCN. Choose the topic section and then respiratory. Respiratory section shows 'Mean carbon impact (kg CO2e) per salbutamol inhaler prescribed' and 'MDIs prescribed as a proportion of all inhalers in BNF Chapter 3, excluding salbutamol' . Data can be viewed at a CCG/Place, PCN or individual practice level.	https://openprescribing.net/
What is driving the Green Inhaler Agenda?		
NHS Long Term Plan	A shift to lower carbon inhalers will deliver a reduction of 4% in the carbon footprint of the NHS.	NHS Long Term Plan v1.2 August 2019
Net Zero NHS	Significantly increasing the use of DPIs Increasing the frequency of the greener disposal of used inhalers Supporting the innovation in and use of lower carbon propellants and alternatives.	Delivering a 'Net Zero' Health Service
How to raise clinician awareness and educate your team?		
The Greener Practice	The UK's primary care sustainability network aiming to help practices, patients and staff act on the climate and ecological emergency. Contains a wide range of easy to read resources, webinars, training aids and patient videos. An Asthma toolkit includes a guide for reducing the carbon footprint of inhaler prescribing, tips for success and an approach to consultations (including a video example) which integrates high-quality and low-carbon asthma care.	Greener practice website
PrescQIPP	PowerPoint presentation on inhaler carbon footprint.	PrescQIPP Inhaler carbon footprint presentation
LSCMMG Adult Asthma Guidance 2022	Local Asthma Treatment Guideline for Adults, updated April 2022. Step-by-step guide to prescribing MART therapy. Comparison table of inhalers indicative carbon footprint, greener options are highlighted	Asthma Treatment Guideline for Adults (lancsmmg.nhs.uk)
	LSCMMG 2 page Asthma for Adults desktop guideline	asthma-desktop-guideline.pdf (lancsmmg.nhs.uk)

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Information for patients		
Patient information leaflets - background information	PrescQIPP leaflet providing background information for Asthma or COPD patients to consider changing to environmentally friendly inhaler. Includes information on pMDI's, DPI's, inhaler technique and inhaler disposal.	Why choose a more environmentally friendly inhaler?
	Greener Practice - General information leaflet to help Asthma patients "Choosing an inhaler which is good for you and good for the planet". Includes information on asthma control, MDI's, DPI's, switching and disposal.	Greener Practice - inhalers & environment
Patient information leaflets - switching salbutamol	Greener Practice - Switching information leaflet "Do you use a reliever (Blue) Inhaler?" for Asthma patients switching to Salamol	Greener Practice - Switching to SALAMOL
	PrescQIPP - "Your salbutamol inhaler is changing to a more environmentally friendly version - Salamol®" - Information leaflet to support a switch to Salamol in Asthma and COPD patients	Salbutamol pMDI to Salamol pMDI
NICE patient decision aid	A step by step guide to help people with asthma and their healthcare professionals discuss their options for inhaler devices	Patient decision aid: Inhalers for asthma (nice.org.uk)
PrescQIPP patient decision aid.	Colourful, interactive decision aid which RAG rates each inhaler with a carbon footprint rating, and is grouped pharmacologically. Very intuitive and user friendly. A very useful consultation aid.	Inhaler carbon footprint comparison tool
Poster - Display in surgeries or post on social media	Greener Practice - Return all used inhalers to your local pharmacy for safe disposal	Greener practice returning inhalers poster